

# **GLOBAL**

**SPORTS PD NETWORK**

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**HIGH PERFORMANCE SUMMIT**

## **Global Sports PD Network High Performance Summit**

**Wednesday 16th – Thursday 17th November  
7:30am – 3pm AEST**



## **Delegate Booklet**

# **FITSTOP.**

[globalsportspdnetwork.com](http://globalsportspdnetwork.com)

# About The Event

The Global Sports PD High Performance Summit is a two-day online & free conference bringing together world-class speakers and presenters from around the world to discuss current trends, innovation, resources and opportunities in sports medicine and high-performance sporting programs.

The 2022 Global Sports PD High Performance Summit will take place on Wednesday 16th and Thursday 17th of November (Australian Eastern Standard Time) via our immersive online event platform. Bringing together speakers from High Performance Sport in Australia, USA, the UK and more, this event will discuss a wide range of topics surrounding high performance in elite sport, engaging allied health professionals, high performance staff, emerging sports professionals, coaches, educators and students from across the world.

This Summit creates an environment for leaders in the industry to come together, offering participants the opportunity to gain practical learnings to implement in their own environment, improving personal or organisational outcomes. Streamed via our online event platform, delegates are able to continue on their professional development journey through informative and insightful sessions that are available live and via replay once the summit has concluded.

## Speakers

Delegates will hear from an incredible line-up of world-class speakers on an array of topics regarding high performance and elite sport.

- **Jon Bartlett** - Elite Basketball Performance & Operations Advisor, National Basketball Association (NBA)
- **Phil Hayward** - High Performance Consultant
- **Joanna Parsonage** - Research and Innovation Manager, Surfing Australia
- **Nicholas Potter** - Director of High Performance & Sports Science; Duke University (Basketball)
- **Anthony Stoitsis** - Head of Performance Intelligence and Analytics, Collingwood Football Club (AFL)
- **Harriet Brown** - Exercise Physiologist & Professional Athlete
- **Adam Waterson** - Head of Strength & Conditioning, LA Galaxy (MLS)
- **Aaron Alsop** - Executive Director High Performance, Solomon Islands National Institute of Sport
- **David Veli** - Lead Physical Preparation Coach, Victorian Institute of Sport / Melbourne Vixens
- **Nick Adcock** - Sports Science Sports Medicine Manager, Cricket Victoria & Physiotherapist, Victorian Men's Cricket
- **Dr Craig Duncan** - Human Performance Strategist, 2014 Australian Sports Scientist of the Year
- **Alex Calder** - Head of Sports Science, Houston Dynamo FC (MLS)
- **Andrew Weller** - Physical Performance Manager, Cricket Australia
- **Kate Beerworth** - Australian Women's Team Physiotherapist & SSSM Co-ordinator, Cricket Australia
- **Ryan Carroll** - Head Sports Physiotherapist, Tasmania JackJumpers
- **Tannath Scott** - National Physical Performance Lead, Netball Australia & Athletic Performance Coach, Brisbane Lions

# Speakers



## Jon Bartlett

**Elite Basketball Performance & Operations Advisor, National Basketball Association (NBA)**

Jon is a high-performance sport leader with a track record of influencing and impacting performance of coaches, athletes, and staff across the globe. In the last 15 years, Jon has worked across a number of sports working in professional soccer with Liverpool FC and the England National soccer teams, the Australian Football League with the Western Bulldogs FC and Gold Coasts SUNS FC, and in his current role as Performance and Operations Advisor for Elite Basketball at the NBA. Alongside his roles in professional sport and since obtaining a PhD, Jon has developed an internationally recognized research and industry impact portfolio containing >50 peer-reviewed journal publications and professional media articles, and >60 public speaking communications. Jon is passionate about organizational leadership, culture, and people development and their effects on human and team performance optimization.



## Phillip Hayward

**High Performance Consultant**

Phil was recently with the LA Galaxy (MLS) as Director of Performance and Sport Science in January 2020 after spending over 12 years with Wolverhampton Wanderers FC in England (EPL), where he most recently served as the head of their medical department since 2012.

Whilst with Wolves, Phil oversaw a department of 30 full-time medical and sports science professionals to provide player care to optimize health and physical conditions. As the head of the medical department, he implemented various sports science systems and processes club-wide to support physical development and care for the Premier League squad.

Phil first started with Wolves FC in 2008, where he served as the head of Academy Medical Services before moving into a role as the first-team physiotherapist in 2011. Prior to his time with the Wolves, he was the head of the medical department for Oldham Rugby League Club and served as a Physiotherapist in the NHS and with Bolton Wanderers FC Academy.

In 2018, his Wolves department were recognized as the Medical Team of the Year by the Football Medical Association in the English Championship, whilst the following season he led his team to an all-time record for squad availability of 98.5% during the 2018-19 Premier League Season.



## Dr Joanna Parsonage

**Research and Innovation Manager, Surfing Australia**

Dr Joanna Parsonage is the research and innovation manager at Surfing Australia High-performance Program. She received her PhD from Edith Cowan University in 2018, examining the gender differences in strength and power characteristics of competitive surfers. Dr Parsonage has over 10 years' experience as an applied sports scientist and strength and conditioning coach in both the United Kingdom and Australia. Her passion is applying evidence-based research within a high-performance daily training environment, identifying a "sweet spot" between robust lab-based data collection and that of ecologically valid data collected in the field. Dr Parsonage's current research is focused on the application of new and innovative technologies that will give Australian surfers a competitive advantage on the world stage and at the Paris 2024 Olympic Games. Her athlete centred, coach facilitated and performance focused philosophy, aims to not only understand what it takes to win today, but also what will fast track progression tomorrow.



# Speakers

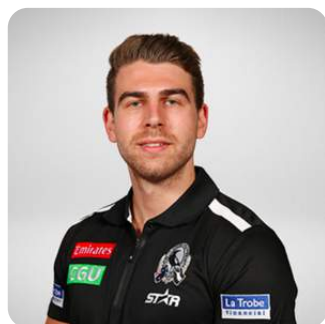


## Nicholas Potter

**Director of High Performance & Sports Science; Duke University (Basketball)**

Nicholas Potter is the Director of High Performance and Sports Science for Duke University Men's Basketball Program. During his 15 years with Duke Basketball, the team has won 2 National Championships, 6 ACC Tournament Championships and currently has 24 former players in the NBA. A key outcome of Potter's role at Duke has been the strategic integration of cutting-edge sports science technology, with the latest medical interventions, and advanced performance training methods with a traditionally elite basketball program. Potter has also established a comprehensive system of data collection, detailed analysis, and practical reporting to maximize athlete development, recovery, holistic wellness and readiness for optimal performance.

Potter has lectured over 40 times nationally and internationally, as well as authored several journal articles and book chapters. He has consulted with athletes throughout the NBA, NFL, NHL, MLS, MLB, NASCAR, NRL and Serie A. Potter also provides medical coverage for the USA Olympic team, previously covering the 2008 Summer Olympics in Beijing and 2016 Summer Olympics in Rio de Janeiro.



## Anthony Stoitsis

**Head of Performance Intelligence and Analytics, Collingwood Football Club (AFL)**

Anthony graduated with a Bachelor of Exercise and Sport Science from RMIT in 2014 and immediately begun work with Collingwood Football Club in 2015 as their VFL Performance Analyst. Since then, he has completed his Master of Business IT at RMIT, become an Advisory Committee Member at RMIT for their Medical Science Program, completed his AFL Level 2 Coaching Accreditation and been promoted to his current role of Head of Performance Intelligence and Analytics at the Collingwood Football Club. As part of this role Anthony works closely with the coaches to make timely and educated strategic decisions, as well as lead all analytical insights during the week and match day. Additionally, Anthony is a sessional lecturer at RMIT specialising in Performance Analytics.



## Harriet Brown

**Exercise Physiologist & Professional Athlete**

Harriet is an Exercise Physiologist (ESSA) with over 10 years' experience working in the clinical and sporting setting. She has a keen interest in the topic of female athlete health. Over the past few years, Harriet has focused on working with young female athletes to help them understand what a healthy menstrual cycle is and how to understand their bodies better to benefit their training and performance. Harriet is passionate about helping female athletes and coaches feel more comfortable talking about their menstrual cycle and has presented on this topic to numerous schools and sporting clubs. Harriet holds a Level 2 certificate in Strength and Conditioning (ASCA), Level 2 Pilates Instructor, Development Coach (Surf Life Saving Australia) and is currently undertaking a Certificate IV in Elite Athlete Wellbeing (Wellbeing Science Institute). Harriet is also an elite athlete and is the current World Ironwoman Champion, World Board Race Champion and Nutri-Grain Ironwoman Series Champion. Harriet combines her experience as an Exercise Physiologist and elite athlete to help make more sense of the under researched topic of 'female athletes'.

# Speakers



## Adam Waterson

### Head of Strength and Conditioning - LA Galaxy (Major League Soccer)

Adam Waterson has extensive experience in working with various professional soccer teams throughout Australia, Asia & USA. These teams include Parramatta Power, 2004 Australian Olympic Soccer Team, Sydney FC, Newcastle Jets, Western Sydney Wanderers, FC Seoul & Los Angeles Galaxy. He was part of the successful WSW team that won the Premiers Plate and also the Asian Champions League. Waterson graduated from Australian Catholic University in Exercise and Sports Science, is a Level 3 Strength & Conditioning Coach with the ASCA & also holds a UEFA Coaching C License accreditation.



## Aaron Alsop

### Executive Director High Performance, Solomon Islands National Institute of Sport

Aaron has been involved in elite sport for more than 2 decades as an athlete, coach, practitioner and administrator, working across 36 different National Sport Federations in the Asia Pacific & Africa regions. Aaron has post-graduate qualifications in sports coaching, high performance sport, strength & conditioning, sport management and has completed the world's first Nationally recognised elite athlete wellbeing accreditation. Recognised for his work specialising in creating National Coach & Athlete Development systems & along with establishing National High-Performance training systems & Sport Institutes. A key thematic pillar of Aaron's work has been to support leaders and staff of High Performance systems and National High Performance programs to apply evidence-based holistic athlete performance and wellbeing strategies with their programs to support whole of system outcomes. Currently Aaron is the Executive Director for the Solomon Islands National Institute of Sport and is the Co-Chair of ICCE – Coach Development systems in Emerging Nations committee.



## David Veli

### Lead Physical Preparation Coach, Victorian Institute of Sport / Melbourne Vixens

David is the Lead Physical Preparation Coach for the Melbourne Vixens Netball Team. David's main role is driving the physical preparation and standards of individuals and team performance whilst working within an inter-disciplinary team. This includes working closely with the head coach, physiotherapist, doctor, dietitian and performance lifestyle delivering individual, rehabilitation and team performance plans. Prior to this David spent over 8 years working within Australian Hockey including with the Australian Men's National Hockey team more recently as the Head of Strength and Conditioning for the Australian Women's Hockey Team leading into the Tokyo 2020 Olympics. David has a passion for athletic development, particularly within long term athletic development ensuring an effective model and framework is in place to maximize longevity and physical progression within the sporting pathway.



## Nick Adcock

### Sports Science Sports Medicine Manager, Cricket Victoria & Physiotherapist, Victorian Men's Cricket

Nick graduated with a Bachelor of Physiotherapy at LaTrobe University in 2005 & has a vast level of experience both within cricket & private practice. Nick has been involved at Cricket Victoria since 2008/9, has been the senior/lead physiotherapist with the Victorian Men's team since 2013/14 & more recently taken responsibility as the Sports Science Sports Medicine (SSSM) Manager. He has also been the head physiotherapist for the Melbourne Renegades since the inaugural BBL01 season (2011/12). Nick has 11+ years of private practice experience (2005 – 2016) consulting at PhysioWorks Health Group under practice director David Francis (Collingwood FC).

# Speakers



## Dr Craig Duncan

### Human Performance Strategist, 2014 Australian Sports Scientist of the Year

Dr Craig Duncan is one of the world's leading human performance strategists, with a track record of helping sporting teams, business organisations and individuals to maximise their potential.

Over the past decade, he has worked with more than 75 sporting organisations in multiple codes, in a career that's taken him to 50 countries on four continents. Dr Duncan's innovative and holistic approach to human performance science has driven elite athletes to excel at the highest levels of competition.

He was the chief architect of the NSW State of Origin team's performance science strategy during the side's drought-breaking victories in 2014 and 2018.

He overhauled the Australian Socceroos' fitness regime for the national team's first-ever Asian Cup victory in 2015, and played a crucial role in preparing the squad to qualify for the 2018 World Cup.

Craig also worked with the Matildas squad when they beat Brazil to reach the quarter-finals of the 2015 World Cup, and the following year when the team qualified for the quarter finals at the 2016 RIO Olympics.

He led the sports science team that directly contributed to the history-making performance of the Western Sydney Wanderers FC, in winning the Asian Champions League in 2014, and contesting the A-League grand final in 2016.

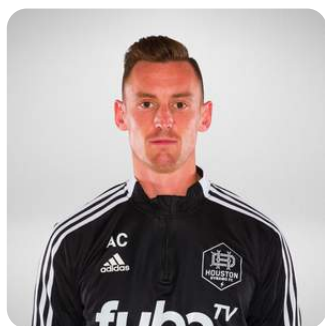
More recently, Craig worked with Iran's National Football Team, Team Melli at the 2019 Asian Cup, where they made the semi-finals and the United Arab Emirates National Men's Team where they made the quarter finals of the FIFA Arab Cup 2021 and attempt to qualify for the 2022 World Cup.

No matter which hat he's wearing, Dr Duncan's goal is simple: to use his expertise and professionalism to get the best out of people. He is an accomplished speaker, who presents regularly to teams and organisations on how to reach peak performance, be that in the boardroom, in the office or on the sporting stage.

In recent years, Craig has worked extensively as an executive coach in the corporate environment, implementing unique strategies that have been proven to enhance the potential of employees and management.

He uses high-level performance science and cutting-edge technology, developed at the pinnacle of professional sport, and tailors a strategy to suit the needs of individual clients.

Dr Duncan has also excelled in the academic arena, successfully developing and implementing postgraduate courses, including the Master of High Performance Sport and the Graduate Certificate in Performance Analysis at Australian Catholic University. His achievements were formally recognised in 2014, when he was awarded Australian Sport Scientist of the year.



## Alex Calder

### Head of Sports Science, Houston Dynamo FC (MLS)

Alex Calder is the Head of Sports Science with Houston Dynamo, competing in the Major League Soccer (MLS). He is an accredited Level 3-Elite Coach with the Australian Strength and Conditioning Association (ASCA), as well as holding accreditations through the National Strength and Conditioning Association (NSCA) and Collegiate Strength and Conditioning Coaches Association (CSCCa). Having worked in a variety of sports, he has coached at different levels of competition worldwide for the past decade. He has published several articles in relation to physical preparation and analysis.



## Andrew Weller

### Physical Performance Manager, Cricket Australia

Andrew Weller has Bachelor of Applied Science Degrees in both Human Movement and Physiotherapy. He has broad experience across Sports Science and Sports Medicine having worked in the AFL at St Kilda and Gold Coast Suns football clubs. Currently he is the Senior Sports Science and Sports Medicine Performance Manager at Cricket Australia.

# Speakers



## Kate Beerworth

**Australian Women's Team Physiotherapist & SSSM Co-ordinator, Cricket Australia**

Kate is an APA Sports & Exercise Physiotherapist with a broad range of experience across high performance sport. Kate is currently the team physio and Sport Science Sports Medicine Co-ordinator for the Australian Women's cricket team. She has previously held multiple roles at Football Australia including 10 years as Matildas' lead physio.



## Ryan Carroll

**Head Sports Physiotherapist, Tasmania JackJumpers**

Ryan is an APA Titled Sports & Exercise Physiotherapist based in Hobart, Tasmania. His current role with the Tasmania JackJumpers Basketball team involves the assessment, treatment and rehabilitation of injuries as they occur, but also co-ordinating and leading the Medical team in risk mitigation and athlete wellbeing. The role is also unique in that as a new franchise, the program needed to be set up and systems developed. This has been an integral factor for the smooth transition into the league.

Ryan has had ~10 years experience working with basketball in Australia, starting with local club Devonport Warriors, developing his skills at Junior National camps, working at NBL1 level with the Nth.West Tasmania Thunder before working with Australian National Junior teams and then being part of the Sports Medicine team of the Boomers, Australia's National Men's basketball team.

Prior to his role with the JackJumpers, Ryan worked in private practice with Physiotas, which exposed him to a variety of injuries, age groups and demographics with a particular interest in adolescent athletes. Being in a regional area, it highlighted the importance of the community and the need for educating the active population on injury prevention, management and rehabilitation.

Ryan gained his Bachelor of Physiotherapy at the University of Queensland and his Masters of Sports Physiotherapy through Latrobe University in Melbourne. This enabled him to gain his Titling through the Australian Physiotherapy Association. He is currently a registrar in the Specialisation process through the Australian College of Physiotherapy.

Other experiences in sport have included the 2019 Youth Olympic Games with the Australian Team as well as working with Tennis, Triathlon and Athletics.



## Dr Tannath Scott

**National Physical Performance Lead, Netball Australia & Athletic Performance Coach, Brisbane Lions**

Tannath is a strength and conditioning coach and sports scientist with 10+ years of working within elite sporting organisations. Tannath has worked in both an applied and research settings, completing his doctorate in Sport and Exercise Science through Victoria University, whilst working across NRL, AFLW and Netball. He is currently the National Physical Performance Lead for Netball Australia and an accredited exercise and sports scientist (ESSA) and strength and conditioning coach (ASCA).



# Event Schedule

## Day One | Wednesday 16th of November

- |   |                         |  |  |
|---|-------------------------|--|--|
| 1 | 7:45am<br>-<br>8:30am   | A SPORT SPECIFIC APPROACH TO BIOMECHANICAL PERFORMANCE ENHANCEMENT   | <b>Nick Potter</b><br>Director of High Performance & Sports Science<br>Duke University (Basketball)                |
| 2 | 8:30am<br>-<br>8:50am   | AN INSIDE INTO THE WORLD OF FITSTOP<br>*pre-recorded session   | <b>Fitstop</b>   |
| 3 | 8:50am<br>-<br>9:35am   | REHABILITATION PRINCIPLES IN HIGH PERFORMANCE SPORT<br>*pre-recorded session   | <b>Andrew Weller</b><br>Physical Performance Manager<br>Cricket Australia  |
| 4 | 9:40am<br>-<br>10:25am  | UNCOVERING THE INTERSECTION BETWEEN CONNECTION, COLLABORATION AND COHESION FOR THE DEVELOPMENT OF PEOPLE, PROGRAMS, AND PERFORMANCE<br>*pre-recorded session | <b>Jon Bartlett</b><br>Elite Basketball Performance & Operations Advisor<br>National Basketball Association (NBA)  |
| 5 | 10:30am<br>-<br>11:15am | THE ROLE OF APPLIED SPORTS SCIENCE IN ELITE FEMALE SURFING: HOW DATA IS INFORMING BEST PRACTICE AND BEHAVIOURAL CHANGE.                                      | <b>Dr Joanna Parsonage</b><br>Research and Innovation Manager<br>Surfing Australia                                 |
| 6 | 11:20am<br>-<br>12:05pm | UNDERSTANDING ELITE ATHLETE WELLBEING AS A PERFORMANCE ENABLER: TAKING AN ECOLOGICAL SYSTEMS & HOLISTIC DEVELOPMENT PERSPECTIVE                              | <b>Aaron Alsop</b><br>Executive Director High Performance Solomon Islands National Institute of Sport              |
| 7 | 12:10pm<br>-<br>12:55pm | HIGH PERFORMANCE - COMPARING TEAM AND INDIVIDUAL SPORTS: LESSONS FROM THE EPL AND THE ATP TOUR<br>*pre-recorded session                                      | <b>Phil Hayward</b><br>High Performance Consultant & Elite Physiotherapist English Premier League Clubs & ATP Tour |
| 8 | 1:10pm<br>-<br>2:00pm   | DEVELOPING A DYNAMIC HIGH PERFORMANCE PROGRAM IN PROFESSIONAL FOOTBALL<br>*pre-recorded session  | <b>Adam Waterson</b><br>Head of Strength and Conditioning<br>LA Galaxy   |



# Event Schedule

## Day Two | Thursday 17th of November

- |                  |                         |   |   |
|------------------|-------------------------|---|---|
| 1                | 8:00am<br>-<br>8:45am   | RETURN TO PLAY AND AVOIDANCE OF<br>COMMON SOCCER INJURIES   | <b>Alex Calder</b><br>Head of Sports Science<br>Houston Dynamo FC   |
| 2                | 8:50am<br>-<br>9:35am   | IMPLEMENTING A HIGH-PERFORMANCE<br>PROGRAM IN A NEW PROFESSIONAL<br>SPORTING FRANCHISE: PLANNING,<br>CONSIDERATIONS AND WORKING WITH<br>KEY STAKEHOLDERS.<br><small>*pre-recorded session</small> | <b>Ryan Carroll</b><br>Head Sports Physiotherapist<br>Tasmania JackJumpers  |
| 3                | 9:40am<br>-<br>10:25am  | HOLISTIC RECOVERY FOR MODERN DAY<br>ATHLETES  | <b>Dr Craig Duncan</b><br>Human Performance Strategist<br>2014 Australian Sports Scientist of the Year                              |
| 4                | 10:30am<br>-<br>11:15am | THE SECRET TO SUCCESS WITH<br>ANALYTICS AND HOW IT IS FOREVER<br>EVOLVING.<br><small>*pre-recorded session</small>  | <b>Anthony Stoitis</b><br>Head of Performance Intelligence and<br>Analytics Collingwood Football Club                               |
| 5                | 11:20am<br>-<br>12:05am | FEMALE ATHLETE HEALTH:<br>UNDERSTANDING THE MENSTRUAL CYCLE<br>AND ITS INFLUENCE ON TRAINING,<br>RECOVERY AND WELLBEING.  | <b>Harriet Brown</b><br>Exercise Physiologist & Professional Athlete  |
| 6                | 12:10pm<br>-<br>12:55pm | LUMBAR BONE STRESS INJURIES & FAST<br>BOWLER WORKLOAD MANAGEMENT  | <b>Nick Adcock</b><br>Sports Science Sports Medicine Manager<br>Cricket Victoria  |
| 7                | 1:10pm<br>-<br>2:00pm   | PHYSICAL PREPARATION AND PRE-<br>SEASON TRAINING FOR ELITE NETBALL<br>PLAYERS   | <b>David Veli</b><br>Lead Physical Preparation Coach Victorian<br>Institute of Sport/Melbourne Vixens                               |
| BONUS<br>SESSION |                         | UNDERSTANDING AND MEASURING<br>FATIGUE IN TEAM SPORTS<br><small>*pre-recorded session</small>   | <b>Dr Tannath Scott</b><br>National Physical Performance Lead, Netball<br>Australia & Athletic Performance Coach,<br>Brisbane Lions |

# International Timezones

## Day One | Wednesday 16th of November (AEST)

	Summit Date	8am AEST	10am AEST	12pm AEST	2pm AEST
Australia - QLD	Wednesday 16th Nov	8:00am	10:00am	12:00pm	2:00pm
Australia - VIC, NSW, TAS & ACT	Wednesday 16th Nov	9:00am	11:00am	1:00pm	3:00pm
Australia - NT	Wednesday 16th Nov	7:30am	9:30am	11:30am	1:30pm
Australia - SA	Wednesday 16th Nov	8:30am	10:30am	12:30pm	2:30pm
Australia - WA	Wednesday 16th Nov	6:00am	8:00am	10:00am	12:00pm
NZ - Auckland	Wednesday 16th Nov	11:00am	1:00pm	3:00pm	5:00pm
USA - Los Angeles	Tuesday 15th Nov	2:00pm	4:00pm	6:00pm	8:00pm
USA - New York	Tuesday 15th Nov	5:00pm	7:00pm	9:00pm	11:00pm
UK - London	Tuesday 15th Nov	10:00pm	12:00am	2:00am	4:00am
S.A. - Cape Town	Wednesday 16th Nov	12:00am	2:00am	4:00am	6:00am
India - New Dehli	Wednesday 16th Nov	3:30am	5:30am	7:30am	9:30am

# International Timezones

## Day Two | Thursday 17th of November (AEST)

	Summit Date	8am AEST	10am AEST	12pm AEST	2pm AEST
Australia - QLD	Thursday 17th Nov	8:00am	10:00am	12:00pm	2:00pm
Australia - VIC, NSW, TAS & ACT	Thursday 17th Nov	9:00am	11:00am	1:00pm	3:00pm
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NZ - Auckland	Thursday 17th Nov	11:00am	1:00pm	3:00pm	5:00pm
USA - Los Angeles	Wednesday 16th Nov	2:00pm	4:00pm	6:00pm	8:00pm
USA - New York	Wednesday 16th Nov	5:00pm	7:00pm	9:00pm	11:00pm
UK - London	Wednesday 16th Nov	10:00pm	12:00am	2:00am	4:00am
S.A. - Cape Town	Thursday 17th Nov	12:00am	2:00am	4:00am	6:00am
India - New Dehli	Thursday 17th Nov	3:30am	5:30am	7:30am	9:30am



# Major Partner

## FITSTOP

# FITSTOP.

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▶ [Fitstop](https://www.youtube.com/Fitstop)



Fitstop was born from the sheer passion, process and performance achieved when working with professional athletes. This formulated in Fitstop's athlete-inspired approach to training that was simple, effective and continued to amass a strong community of fitness enthusiasts - and so, the Fitstop difference was born. Through humble beginnings operating the first location out of a garage to having raving fans in multiple communities, Founder and CEO Peter Hull launched Fitstop franchising in 2017 to bring this athletic-based formula to the masses. With 75+ locations across Australia and New Zealand and many more to come, Fitstop is becoming a household name.

Now, Fitstop makes their mark by impacting the "everyday athlete" and creating a genuine social impact in local communities through their mission to become the home of functional fitness, globally. Fitstop's making waves in the fitness industry by offering a performance-driven approach to training completely unique to Fitstop with the backing of game-changing technology.

### The Fitstop Formula

Fitstopper's Lift, Perform, Condition and Sweat.

The Fitstop Formula is a true fitness fusion combining metabolic conditioning, strength and endurance designed by Fitstoppers, for Fitstoppers.

The difference doesn't stop here with the Unstoppable Series running 4 x a year in 6 week rounds. This series is all about human performance - training, nutrition, recovery and mindset, with a huge Game Day community event to rally up their teammates and give it their all.

Simple. Effective. Performance-based. Fitstop's approach to training is designed for ultimate impact, engagement and loyalty.



# Event Partners

## AFS GROUP



🌐 [www.afsgroup.net.au/](http://www.afsgroup.net.au/)  
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The AFS Group has been in operation since 1989. We provide our clients with a very unique service offering. Our business comprises of six distinct divisions including Security; Training; Tourism; Events; Compliance & Hospitality. With our extensive industry experience, we are able to exclusively tailor our services across all industries. Our key focus being the security and safety of you, your clients and guests at all times.

The AFS Group has been providing our unique range of solutions to the sporting industry since 1989. Our approach is all encompassing and provides the highest level of service to all areas of the industry.

This includes training, compliance and consultancy services that ensure our clients are confident, competent and compliant. We have a comprehensive approach to all situations with our staff stemming from a variety of sporting backgrounds as players, coaches and managers.



## AIMEDICAL



✉️ [sales@aimedical.com.au](mailto:sales@aimedical.com.au)  
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At AIM our goal is to offer you only the highest quality, latest technology and often unique, proven solutions, from only the best manufacturers of instrumentation and devices worldwide. This translates into superior customer service and unparalleled local support.

AIMedical International Pty. Ltd. represent some of the world's leading manufacturers to offer Australia the world's best, with local support, sales, and service. Our sales and engineering staff welcome your call for information, equipment selection advice, or help with choosing the best option for your next project.

Our services include:



- Sport Science
- Neuro-Rehabilitation
- Neuro-Science
- Biomechanics



# Event Partners

## BLACKROLL

The logo for Blackroll, featuring the word "BLACKROLL" in a bold, black, sans-serif font with a registered trademark symbol (®) to the upper right.

 [www.blackroll.com.au/](http://www.blackroll.com.au/)  
 [@blackroll\\_australia](https://www.instagram.com/blackroll_australia)  
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Austech Connect is Australia's leading developer of web-based Augmented and Virtual Reality experiences, interactive digital technologies and 3D model creation. We are proud to be a 100% Australian owned and operated company, based on the Gold Coast, employing local IT and creative talent.

Through Augmented Reality we can bring products, books, brochures, events, buildings and cities to life! In a world cluttered with promotions and advertising, this can help differentiate you from the competition and take your marketing and customer engagement to the next level.

Austech Connect's vision is to make it easy for people and businesses to connect and engage in a memorable and enjoyable way. We combine technology, art and communications to deliver digital products and experiences that are unique, frictionless, simple to use and designed to help drive business sales. We also work in the sports space, we were selected by Eurovision Sports as an entrant in the HYPE Sports Innovation Global Accelerator for a product we designed which is centered around Digital Twins of stadiums.

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## CITY OF GOLD COAST

The logo for the City of Gold Coast, featuring the words "CITY OF" in a smaller, grey, sans-serif font above the word "GOLD" in a large, bold, grey, sans-serif font, followed by "COAST" in a large, bold, grey, sans-serif font. A small red dot is positioned to the right of the word "COAST".

 [www.goldcoast.qld.gov.au/](http://www.goldcoast.qld.gov.au/)  
 [@CityOfGoldCoast](https://www.instagram.com/CityOfGoldCoast)  
 [@CityOfGoldCoast](https://www.facebook.com/CityOfGoldCoast)  
 [City of Gold Coast](https://www.linkedin.com/company/city-of-gold-coast)

From the enviable coastal location and natural environment to the international standard venues and training facilities, the Gold Coast has all of the ingredients of a global sport city. Strategically located on the edge of the Asia-Pacific rim, with access to two international airports, the Gold Coast is perfectly positioned to host major sport events and teams. The city stretches along 57 kilometres of coastline and is bordered by vast, sub-tropical rainforests, offering one of the most diverse training environments in Australia.

As host city for the Commonwealth Games, the Gold Coast invested in new world class sporting infrastructure, building on the city's existing high performance sporting facilities. Off the back of the success of the Gold Coast 2018 Commonwealth Games, the city established an international sport profile when it was awarded Best Newcomer in Sport Business International's bi-annual Ultimate Sport Cities Rankings in 2018 and ranked the 22nd top sporting city in the world on the Sportcal Global Sport Index – the top Australian city in the index. Each year the Gold Coast welcomes sporting champions when it plays host to major sporting events.

As a city that encourages forward-thinking, the Gold Coast is leading the way in sports science. Our three universities – Bond, Griffith and Southern Cross – are at the forefront of sports research, with Australia's largest sports science research project, new university health facilities and Australia's first Doctor of Physiotherapy program. The City of Gold Coast has a significant sport attraction program through elite sport camp attraction and major events that can assist you with all of your sport related needs. Contact our experienced team to find out how we can assist you every step of the way.



# Event Partners

## COOMERA ANGLICAN COLLEGE



COOMERA  
ANGLICAN  
COLLEGE

- 🌐 [www.cac.qld.edu.au](http://www.cac.qld.edu.au)
- 📘 [@CoomeraAnglicanCollege](https://www.facebook.com/CoomeraAnglicanCollege)
- 📘 [@CACaburrasSport](https://www.facebook.com/CACaburrasSport)
- 📷 [@coomeraanglicancollege](https://www.instagram.com/coomeraanglicancollege)
- 🐦 [@CACaburra](https://twitter.com/CACaburra)
- 📺 [Coomera Anglican College](https://www.youtube.com/Coomera Anglican College)

### Sports Academy

Coomera Anglican College is the first choice for students who want to excel in sports at College and beyond.

Our Basketball, Football and Netball Academies – centred around our High Performance Centre and supporting programmes balance teamwork, world-class facilities and specialised coaching to bring the best out of every athlete.

Students will benefit from the real-world training, connections and opportunities built through our strategic partnerships—and we are continually forging more. They offer specialised pathways of development and direct access to the sports industry.

[Watch here how 'anything is possible' at Coomera Anglican College.](#)

## GOLD COAST PERFORMANCE CENTRE



GOLD COAST  
**PERFORMANCE**  
CENTRE

- 🌐 [www.goldcoastperformancecentre.com.au](http://www.goldcoastperformancecentre.com.au)
- 📘 [@gcperformancecentre](https://www.facebook.com/gcperformancecentre)
- 📷 [@gcperformancecentre](https://www.instagram.com/gcperformancecentre)
- ☎ [07 5500 9988](tel:0755009988)
- 📺 [Gold Coast Performance Centre](#)

The Gold Coast Performance Centre is an unrivalled sports, accommodation and events facility on the south eastern coast of Queensland, Australia. With all the facilities you need within a short walk, the Centre is an ideal location for any grassroots to high-performance training camps. The state of the art centre provides a unique, elite training and recovery environment to enhance performance - both on and off field.

The centre has a long history of meeting the needs of Elite Sport, having been built for the Sydney Olympics in 2000, then used as a training venue for GC 2018 Commonwealth Games. For the last 20 years, we have supported many High Performance teams, most recently hosting the Parramatta Eels Rugby League, PNG Hunters Rugby League, Brisbane Broncos Development, West Coast Eagles AFL North Melbourne Kangaroos AFL, QLD Water Polo and multiple Tokyo qualified athletes including the Australian Para Athletics Team.

We also have a dedicated High-Performance Sport Team who are available to take the pressure off coaches on site so they can focus on their athletes.

# Event Partners

## PAINPOD



- 🌐 <https://thepainpod.com/>
- 📷 [@thepainpod](#)
- 📘 [@painpodaustralia](#)
- ☎ [1300 911 442](tel:1300911442)
- ✉ [info@painpodau.com](mailto:info@painpodau.com)

PainPod is an Australian based company, we have an operating company in the US as well as distributor partners around the world. Our mission is to offer an affordable drug free alternative to pain that actually works, while leading the way for socially conscious business.

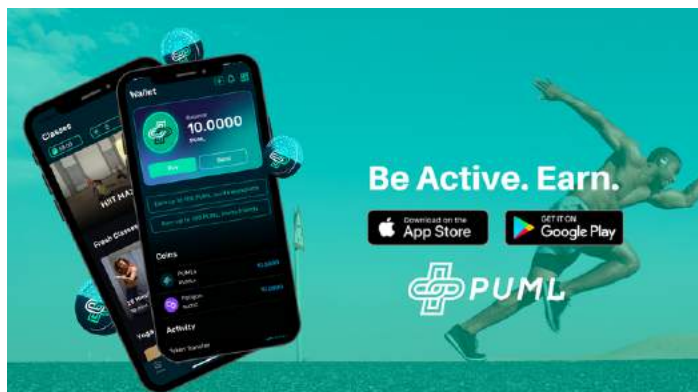
PainPod has the ability to change lives, improve quality of life and better physical performance. Our devices provide sufferers of symptomatic pain a non-invasive treatment option relating to recovery from injuries and also pain management. Our accessories give users options on treatment methods that are budget friendly and easy to use. PainPod is highly regarded and widely used by Allied Health Professionals and sporting clubs throughout Australia.



## PUML BETTER HEALTH



- 🌐 [www.puml.io/.com.au](http://www.puml.io/.com.au)
- 📘 [@pumlhealthio](#)
- 📷 [@pumlhealthio](#)
- 🐦 [@pumlhealthio](#)
- ✉ [hello@puml.io](mailto:hello@puml.io)



PUML Better Health is Web3 Move to Earn Platform from Brisbane, Australia. The gamified challenge platform rewards users for creating healthy habits such as daily steps, meditation, sleep and more. Built with innovative technology, PUML actively partners and collaborates with corporates, brands and athletes to reward their communities and fan-bases for completing health activities with its built-in cryptocurrency \$PUML and NFTs.

As a preventative health platform, PUML aims to improve healthy behaviours, help build long-term habits, and provide users with insights generated from wearables data integration.

# Event Partners

## RDK SPORTS INTERNATIONAL



 [www.rdksportsinternational.com](http://www.rdksportsinternational.com)  
 [@rdksportsinternational](https://www.instagram.com/rdksportsinternational)  
 [@rdksportsinternational](https://www.facebook.com/rdksportsinternational)  
 [RDK Sports International](https://www.linkedin.com/company/rdk-sports-international)

RDK Sports International includes multiple global businesses, specialising in sports conferences and events, sports specific consulting and projects, sport attraction programs, sports marketing, ambassador services, mentoring programs and other sports related businesses and initiatives.



Professional Development Events



Sport & Business  
Development Tours



Sports Consulting



Partnership & Business Consulting



Sports Attraction Consulting



Marketing & Branding

## RE3 GLOBAL



 [www.re3.global/](http://www.re3.global/)  
 [@re3global](https://www.facebook.com/re3global)  
 [@re3global](https://www.instagram.com/re3global)  
 [admin@re3.global](mailto:admin@re3.global)  
 (03) 9645 6492  
 [@Re3Global](https://www.linkedin.com/company/re3global)

The RE3 Ice Compression Pack uses leading-edge cryotherapy to accelerate the recovery of athletes and surgical patients. Commonly known as icing, and used by physicians around the world, cryotherapy is finally available in a convenient form for professional and amateur athletes.

No mess, long lasting and ready for action – your RE3 Ice Compression Pack pack is integral to the recovery of most sports-related injuries.





# Event Partners

## UVEX

# uvex

🌐 [www.uvex-safety.com.au/en/](http://www.uvex-safety.com.au/en/)  
📘 @uvexsafetygroup  
📷 @uvexsafety  
☎ 1800 815 790  
🐦 @uvexsafetygroup

We protect people. At work and at play. On the production line and on the ski slope. While welding or while riding. Uvex is one brand with one mission: protecting people.

The uvex brand is based on two established pillars: The products of the uvex sports group include helmets for winter sports, cycling and horse riding, skiing and sports goggles; as a partner of elite international sport, uvex equips over 1,000 top athletes across the world. Everything revolves around safety at work in the uvex safety group: We produce personal protective equipment from head to toe – from protective helmets to safety shoes.



## VEO

# veo

🌐 [www.veo.co/en-au](http://www.veo.co/en-au)  
📘 @veocamera  
📷 @veocamera  
🎵 @veocamera  
🐦 @veocamera

Veio is a sports technology company founded in Copenhagen, Denmark. Our mission is to help democratise sports and make sports technology accessible to all.

Our easy-to-use Veio camera allows you to film and live stream your games without the need for a camera operator. Our powerful AI then provides you with automated highlights of your games, including your goals, corners, free kicks, tries, conversions, shots and many more.

At Veio, we believe in the power of technology to help amplify sports' positive impact in our communities, and our promise is to help every player, coach, club and team take their game up a level.



# Contact

## Schedule & Speaker Information



✉ [info@rdksports.com.au](mailto:info@rdksports.com.au)  
🌐 [www.globalsportspdnetwork.com](http://www.globalsportspdnetwork.com)  
📷 [@GlobalSportsPDNetwork](https://www.instagram.com/GlobalSportsPDNetwork)  
🌐 [Global Sports PD Network](https://www.linkedin.com/company/global-sports-pd-network)

## Event Platform Support



✉ [globalsportspdnetworksupport@rdksports.com.au](mailto:globalsportspdnetworksupport@rdksports.com.au)  
🌐 [www.rdksportsinternational.com](http://www.rdksportsinternational.com)  
📷 [@RDKSportsInternational](https://www.instagram.com/RDKSportsInternational)  
🌐 [RDK Sports International](https://www.linkedin.com/company/rdk-sports-international)

## Platform Instructions

All Registered Delegates will receive access to the virtual platform through Eventbrite prior to the event beginning.

- 1 Head to [globalsportspdhighperformancesummit.com](http://globalsportspdhighperformancesummit.com) 🔍
- 2 Click 'Watch Sessions' to head to the virtual auditorium where all sessions are streamed live and via replay.
- 3 Head to the 'Virtual Booths' to check out partner information
- 4 Enjoy!

If you're having trouble, please email [globalsportspdnetworksupport@rdksports.com.au](mailto:globalsportspdnetworksupport@rdksports.com.au)