

Global Sports PD Network High Performance Summit

Wednesday 10th November, 7am-2pm AEST



Delegate Booklet







About The Event

The sporting industry continues to value the significance and importance of Sports Medicine & High Performance programs in global sport. The Global Sports PD High Performance Summit has brought together world-class speakers and presenters to discuss current trends, innovation, resources and opportunities in sport.

The 2021 Global Sports PD High Performance Summit is taking place on Wednesday the 10th of November (AEST) via our immersive online event platform. Bringing together speakers from USA High Performance Sport, this event will discuss a wide range of topics surrounding high performance in elite sport, engaging allied health professionals, high performance staff, emerging sports professionals, coaches, educators and students from across the world.

The Global Sports PD High Performance Summit creates an environment for leaders in the industry to come together, offering participants the opportunity to gain practical learnings to implement in their own environment, improving personal or organisational outcomes. Streamed via our online event platform, delegates are able to continue on their professional development journey through informative and insightful sessions that are available live and via replay once the summit has concluded.

Speakers

All delegates will be hearing from an incredible array of world-class speakers to discuss many topics regarding high performance and elite sport.

- **Dr Derick Anderson**: Director of Sport Performance & Psychologist for the Washington Wizards (NBA) & Florida Panthers (NHL)
- **Misha Cavaye**: Strength Coach, Soft Tissue Specialist & Equipment Manager; South Bay Lakers
- Carmen Colomer: Director of Sport Science; Philadelphia 76ers
- Phillip Hayward: High Performance Consultant
- Hannah Huesman: Mental Performance Coordinator; Philadelphia Phillies
- **Devon McConnell:** High Performance Director; Arizona Coyotes (NHL)
- Michelle Meinking: Sports Performance Dietitian; Real Salt Lake (MLS)
- Angus Mugford: Vice President: High Performance; Toronto Blue Jays (MLB)
- **Nicholas Potter**: Director of High Performance & Sports Science; Duke University (Basketball)
- Nathan Spencer: Head Strength & Conditioning Coach; Orlando Magic (NBA)

Speakers



DR DERICK ANDERSON

Director of Sport Performance & Psychologist for the Washington Wizards (NBA) & Florida Panthers (NHL)

Dr. Derick Anderson is a licensed psychologist who has been in practice for over two decades. His expertise and experiences have made him a valued resource for individuals and organizations; such as, the Miami Dolphins, The National Football League, the U.S. Army Pacific Command and the Army Corps of Engineers, as well as several Fortune 500 Companies. He has developed groundbreaking and highly successful programs for Law Enforcement and special investigators nationwide. Dr. Anderson is the current Director of Sport Performance for the Washington Wizards, and the Florida Panthers and previously served in this role with the Miami Marlins and the Cleveland Browns. In addition, he served as the Lead Clinical Consultant to the National Basketball Association. He was the lone in vivo mental health resource in the NBA bubble for the majority of its duration. He is formally of the New York Mets and has consulted for the Cleveland Browns and served on the Board of the NFL Player Care Foundation. Currently, he is the Executive Director of the Athletes program at futures treatment facility and is the founder and President of Invictus Performance.



MISHA CAVAYE

Strength Coach, Soft Tissue Specialist & Equipment Manager; South Bay Lakers

Misha Cavaye is the Strength Coach, Soft Tissue Specialist & Equipment Manager for the South Bay Lakers, the Los Angeles Lakers G-League Affiliate team. Misha Cavaye who grew up in London moved to Los Angeles in 2004 to pursue basketball at the highest level. After a couple of years competing at the junior college level he decided it would be best to focus on coaching, spending time at Santa Monica College, Hoop Masters Basketball Academy & was the video coordinator for Cal State Northridge men's basketball from 2008 to 2011. While finishing up his degree in Kinesiology (2010) his interests turned to strength & conditioning which opened a new world & path. Switching from being on the court, Misha dove into the world of sport performance, injury prevention & posture/recovery. He would go on to become a licensed massage therapist, Fascial movement specialist & neuromuscular therapist with a heavy emphasis on biomechanic specialization. In 2011 Misha became a ball-boy/team attendant for the Los Angeles Lakers & has been there ever since. In 2016 he became the head strength coach, massage therapist & equipment manager for the South Bay Lakers, the developmental G-league affiliate of the Lakers.



CARMEN COLOMER

Director of Sports Science; Philadelphia 76ers (NBA)

Carmen is currently the Director of Sports Science for the Philadelphia 76ers in the NBA where her primary objective is to manage training load and recovery to minimize time-loss from games and attenuate the effects of fatigue from the heavily congested travel and playing schedule. Prior to Carmen's current role, she spent almost a decade in high-performance sport working for teams such as the Melbourne Rebels, ACT Brumbies and Brisbane Broncos where she developed a keen interest in training load monitoring, fatigue and recovery. Carmen also earned her stripes as a physiologist, completing a traineeship at the Victorian Institute of Sport and a postgraduate scholar position at the Australian Institute of Sport before beginning her PhD in Complex Systems Analysis in rugby union.

Speakers



PHILLIP HAYWARD

High Performance Consultant

Phil joined LA Galaxy (MLS) as Director of Performance and Sport Science in January 2020 after spending over 12 years with Wolverhampton Wanderers FC in England (EPL), where he most recently served as the head of their medical department since 2012. Whilst with Wolves, Phil oversaw a department of 30 full-time medical and sports science professionals to provide player care to optimize health and physical conditions. As the head of the medical department, he implemented various sports science systems and processes club-wide to support physical development and care for the Premier League squad.



HANNAH HUESMAN

Mental Performance Coordinator; Philadelphia Phillies (MLB)

Hannah Husman is a Mental Performance Coordinator for the Philadelphia Phillies Major League Baseball (MLB) team. Hannah has worked with the FDNY, MLB, business executives, actors and athletes of all ages to help train their mental skills. Hannah earned a Master of Science degree in Sport Psychology and Motor Behaviour from The University of Tennessee, where she focussed on improving performance amongst athletes of all different ages. With a strong presence on digital platforms, Hannah has created a following after beginning a series called #MentalSweatMondays, where she posts weekly her thoughts on topics surrounding Mental Toughness in all aspects of life, ranging from elite sport to growth-mindset.



DEVAN MCCONNELL

High Performance Director; Arizona Coyotes (NHL)

Devan McConnell is the High Performance Director with the Arizona Coyotes. In this role, he oversees all aspects of the performance department, including sport science, strength and conditioning, nutrition, and reconditioning. He handles much of the day to day applied sport science integration, while managing the vision and direction of the performance development of all players in the Coyotes organization. Previously Devan held positions as; the Director of Performance Science and Reconditioning with the New Jersey Devils, the Head of Hockey Performance and Sport Science at the University of Massachusetts Lowell, and as the Sports Performance Coordinator at Stanford University.



MICHELLE MEINKING

Sports Performance Dietitian; Real Salt Lake (MLS)

Michelle Meinking currently serves as the Performance Dietitian for Real Salt Lake, the Major League Soccer team in Utah. She has been with the organization since 2018 and worked to develop and build their nutrition program and initiatives. Michelle's role involves ensuring athletes are fueling properly to perform and recover at their highest level. Michelle also works alongside Zoneln, a performance nutrition platform that allows practitioners to monitor and manage their athletes based on key biometrics, training profile, and individual goals. Michelle obtained her undergraduate degree in Exercise Science at the University of Wisconsin – La Crosse and her Masters in Nutrition with a Sports Concentration at the University of Utah. Prior to her position at RSL Michelle gained experience in various settings including collegiate and professional such as NFL, MLB, and Team USA.

Speakers



ANGUS MUGFORD

Vice President: High Performance; Toronto Blue Jays (MLB)

Angus Mugford was appointed to oversee the High Performance Department in 2015, which is one of the first to exclusively focus on the holistic support of the development and performance of players, coaches and staff. Mugford oversees the integration of an interdisciplinary performance team, including sports medicine, strength and conditioning, mental performance, and nutrition with a sport science-based approach. He came to the Blue Jays from IMG (International Management Group), where he had served for more than a decade, leading their external consulting through the IMG Institute. There he developed programs and oversaw mental conditioning and performance programs as part of IMG Academy, for professional and junior athletes and coaches, as well as US military special operations and executives. Mugford has a PhD from the University of Kansas and in 2015 he was elected by his peers as the president of the Association for Applied Sport Psychology (AASP). He has authored in many academic and professional publications, presented at conferences across the globe, and has a track record as a consultant on mental performance as well as leadership, culture change and human performance teams.



NICHOLAS POTTER

Director of High Performance & Sports Science; Duke University (Basketball)

Nicholas Potter is the Director of High Performance and Sports Science for Duke University Men's Basketball Program. During his 15 years with Duke Basketball, the team has won 2 National Championships, 6 ACC Tournament Championships and currently has 24 former players in the NBA. A key outcome of Potter's role at Duke has been the strategic integration of cutting-edge sports science technology, with the latest medical interventions, and advanced performance training methods with a traditionally elite basketball program. Potter has also established a comprehensive system of data collection, detailed analysis, and practical reporting to maximize athlete development, recovery, holistic wellness and readiness for optimal performance.

Potter has lectured over 40 times nationally and internationally, as well as authored several journal articles and book chapters. He has consulted with athletes throughout the NBA, NFL, NHL, MLS, MLB, NASCAR, NRL and Serie A. Potter also provides medical coverage for the USA Olympic team, previously covering the 2008 Summer Olympics in Beijing and 2016 Summer Olympics in Rio de Janeiro.



NATHAN SPENCER

Head Strength & Conditioning Coach; Orlando Magic (NBA)

Nathan is the current Head Strength & Conditioning Coach for the Orlando Magic in the NBA. Currently in his 4th season with the Magic, Nathan's primary role is to coordinate and facilitate the strength training and rehabilitation programs for Magic athletes. Working as a part of a large multidisciplinary staff, Nathan's main objective is to deliver best practice performance programming in a travel and game dense NBA season. Prior to joining Orlando in June of 2018 as the club's Performance & Rehab Coach, Nathan, an Australian native, worked in Australia both in professional team sport and the private sector. Since 2010, Nathan has held various roles at the Wests Tigers and St. George Illawarra Dragons in the NRL before transitioning to the NBL in 2015 to serve as the Head Strength & Conditioning Coach for the Illawarra Hawks. His time in the NBL coincided with his work in the private sector at BaiMed Performance on the south coast of New South Wales where he worked with a number of professional and Olympic athletes in various sports including Athletics, Netball, Rugby League, Rugby Union, Track and Road Cycling, Soccer and Swimming.

Event Schedule

1	7:00am - 7:50am	Overview of an Athlete Monitoring System	Nick Potter Director of High Performance & Sports Science; Duke University (Basketball)		
2 A	8:00am - 8:50am	How the role of a psychologist in professional sports has changed and what it looks like for the future	Dr Derick Anderson Director of Sport Performance & Psychologist for the Washington Wizards (NBA) & Florida Panthers (NHL)		
2B	8:00am - 8:50am	Running Applications for Sport Science	HP Cosmos & AlMedical		
3 A	9:00am - 9:50am	Developing a Performance Nutrition Department	Michelle Meinking Sports Performance Dietitian; Real Salt Lake (MLS)		
3B	9:00am - 9:50am	Building a High Performance team and program	Devan McConnell High Performance Director; Arizona Coyotes (NHL)		
4	10:00am - 10:50am	Confidence, mindset, self-awareness & self-evaluation.	Hannah Huesman Mental Performance Coordinator Philadelphia Phillies (MLB)		
5 A	11:00am - 11:50am	Lessons learned from building an interdisciplinary team in professional baseball. *pre-recorded session	Angus Mugford Vice President: High Performance; Toronto Blue Jays (MLB)		
5 B	11:00am - 11:50am	Applied Recovery - Building a recovery plan in an unpredictable environment. *pre-recorded session	Carmen Colomer Director of Sports Science; Philadelphia 76ers (NBA)		
6 A	12:00pm - 12:50pm	Movement & Human Asymmetries	Misha Cavaye Strength Coach, Soft Tissue Specialist & Equipment Manager; South Bay Lakers (NBA G-League)		
6B	12:00pm Maximising Player Availability in Elite - Level Team Sports 12:50pm *pre-recorded session		Phil Hayward High Performance Consultant, Former Director of Performance & Sports Science in MLS & EPL		
7	1:00pm - 1:50pm	Adaptability in the real-world; handling the demands of an NBA season.	Nathan Spencer Head Strength & Conditioning Coach; Orlando Magic (NBA)		

International Timezones

	Summit Date	7am AEST	9am AEST	llam AEST	lpm AEST
Australia - QLD	Wednesday 10th Nov	7:00am	9:00am	11:00am	1:00pm
Australia - VIC, NSW, TAS & ACT	Wednesday 10th Nov	8:00am	10:00am	12:00pm	2:00pm
Australia - SA	Wednesday 10th Nov	7:30am	9:30am	11:30am	1:30pm
Australia - NT	Wednesday 10th Nov	6:30am	8:30am	10:30pm	12:30pm
Australia - WA	Wednesday 10th Nov	5:00am	7:00am	9:00am	11:00am
NZ – Auckland	Wednesday 10th Nov	10:00am	12:00pm	2:00pm	4:00pm
USA - Los Angeles	Tuesday 9th Nov	1:00pm	3:00pm	5:00pm	7:00pm
USA - New York	Tuesday 9th Nov	4:00pm	6:00pm	8:00pm	10:00pm
UK – London	Tuesday 9th Nov	9:00pm	11:00pm	1:00am	3:00am
S.A Cape Town	Tuesday 9th Nov	11:00pm	1:00am	3:00am	5:00am
India - New Dehli	Wednesday 10th Nov	2:30am	4:30am	6:30am	8:30am

Major Partners AIMEDICAL & H/P/COSMOS





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AlMedical

At AIM our goal is to offer you only the highest quality, latest technology and often unique, proven solutions, from only the best manufacturers of instrumentation and devices worldwide. This translates into superior customer service and unparalleled local support.

AlMedical International Pty. Ltd. represent some of the world's leading manufacturers to offer Australia the world's best, with local support, sales, and service. Our sales and engineering staff welcome your call for information, equipment selection advice, or help with choosing the best option for your next project.

h/p/cosmos

With a history of more than 33 years, h/p/cosmos has gained its reputation as THE manufacturer for tailor-made and high performance treadmills. Leading sports clubs, biomechanics institutes and Olympic training facilities around the globe rely on the devices and systems "made in Germany" to run ahead of time.

The portfolio ranges from standard treadmills to high performance treadmills that reach up to 80 km/h and an incline of up to 35%. Also special treadmills for biomechanics analysis as well as gait training and analysis are available.



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▶ AFEX

We've taken the complexity out of foreign exchange and global payments, helping businesses around the world send and receive payments in over 180 countries. From our local office in Brisbane (and reps on the ground on the Gold Coast) we offer a comprehensive range of global payment, foreign exchange, and risk management services handling every aspect of a client's foreign payment needs, from risk consultation to transaction execution, and have a diverse client base. We recognize the distinct requirements of each of our clients and take considerable pride in creating unique and strategically adept global payment and foreign exchange solutions to meet our clients' financial goals. For more information, please visit www.afex.com





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► AFS Group

The AFS Group has been in operation since 1989. We provide our clients with a very unique service offering. Our business comprises of five distinct divisions including Security; Training; Tourism; Events and Compliance. With our extensive industry experience we are able to exclusively tailor our services across all industries. Our key focus being the security and safety of you, your clients and guests at all times.

The AFS Group has been providing our unique range of solutions to the sporting industry since 1989. Our approach is all encompassing and provides the highest level of service to all areas of the industry. This includes training, compliance and consultancy services that ensure our clients are confident, competent and compliant. We have a comprehensive approach to all situations with our staff stemming from a variety of sporting backgrounds as players, coaches and managers.

Event PartnersAUSTECH CONNECT



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in Austech Connect

Austech Connect is Australia's leading developer of web-based Augmented and Virtual Reality experiences, interactive digital technologies and 3D model creation. We are proud to be a 100% Australian owned and operated company, based on the Gold Coast, employing local IT and creative talent.

Through Augmented Reality we can bring products, books, brochures, events, buildings and cities to life! In a world cluttered with promotions and advertising, this can help differentiate you from the competition and take your marketing and customer engagement to the next level.

Austech Connect's vision is to make it easy for people and businesses to connect and engage in a memorable and enjoyable way. We combine technology, art and communications to deliver digital products and experiences that are unique, frictionless, simple to use and designed to help drive business sales. We also work in the sports space, we were selected by Eurovision Sports as an entrant in the HYPE Sports Innovation Global Accelerator for a product we designed which is centered around Digital Twins of stadiums.

We are also building a sports social media app right now and will be entering into another sports tech accelerator based here in Australia. More on that to come. We hope that you have taken a lot from the fantastic speakers here and would love for you to connect with us.

CITY OF GOLD COAST

GOLDCOAST.

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From the enviable coastal location and natural environment to the international standard venues and training facilities, the Gold Coast has all of the ingredients of a global sport city. Strategically located on the edge of the Asia-Pacific rim, with access to two international airports, the Gold Coast is perfectly positioned to host major sport events and teams. The city stretches along 57 kilometres of coastline and is bordered by vast, sub-tropical rainforests, offering one of the most diverse training environments in Australia.

As host city for the Commonwealth Games, the Gold Coast invested in new world class sporting infrastructure, building on the city's existing high performance sporting facilities. Off the back of the success of the Gold Coast 2018 Commonwealth Games, the city established an international sport profile when it was awarded Best Newcomer in Sport Business International's bi-annual Ultimate Sport Cities Rankings in 2018 and ranked the 22nd top sporting city in the world on the Sportcal Global Sport Index – the top Australian city in the index. Each year the Gold Coast welcomes sporting champions when it plays host to major sporting events.

As a city that encourages forward-thinking, the Gold Coast is leading the way in sports science. Our three universities – Bond, Griffith and Southern Cross – are at the forefront of sports research, with Australia's largest sports science research project, new university health facilities and Australia's first Doctor of Physiotherapy program. The City of Gold Coast has a significant sport attraction program through elite sport camp attraction and major events that can assist you with all of your sport related needs. Contact our experienced team to find out how we can assist you every step of the way.

Event Partners COOMERA ANGLICAN COLLEGE



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Coomera Anglican College

Sports Academy

Coomera Anglican College is the first choice for students who want to excel in sports at College and beyond.

Our Basketball, Football and Netball Academies - centred around our High Performance Centre and supporting programmes balance teamwork, world-class facilities and specialised coaching to bring the best out of every athlete.

Students will benefit from the real-world training, connections and opportunities built through our strategic partnerships—and we are continually forging more. They offer specialised pathways of development and direct access to the sports industry.

Watch here how 'anything is possible' at Coomera Anglican College.

DEAKIN SPORT



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Commence or enhance your journey to be one of Australia's sport leaders by joining Deakin University and taking up any one of our diverse courses, from sport management, coaching and development, physical education through to applied sport science and clinical exercise physiology.

You will get hands on learning in our outstanding sport facilities so you can hit the ground running, whichever career path you choose. Career outcomes in the sporting industry are exciting and diverse. Deakin offers you the opportunity to gain a world-class qualification in a country that is globally renowned for high achievement in sport.

Deakin's School of Exercise and Nutrition Sciences is ranked the #1 school of sport science in Australia for the third year running, according to Shanghai Ranking's Global Ranking of Sport Science Schools and Departments. Sport Management at Deakin is ranked #1 domestically.

Our sport related subject area which encompasses all sport teachings across the university was ranked 6th globally in 2021 by the QS World University Subject Rankings.

GOLD COAST PERFORMANCE CENTRE



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▶ Gold Coast Performance Centre

The Gold Coast Performance Centre is unique world-class sporting facility focused on hosting teams, study tours and educational programs. Located on the beautiful Gold Coast, the Centre has secure accommodation and dining suitable for groups in addition to hosting events and training for all sports.

Facilities include:

- Synthetic competition hockey pitch
- 50m international-standard swimming pool
- Athletics track with turf infield

- Unique strength and conditioning gym
- Access to additional Gold Coast sporting facilities and more.

The centre has a long history of meeting the needs of Elite Sport, having been built for the Sydney Olympics in 2000, then used as a training venue for GC 2018 Commonwealth Games. During the recent pandemic we have supported many HP teams including Parramatta Eels Rugby League, PNG Hunters Rugby League, Brisbane Broncos Development, West Coast Eagles AFL North Melbourne Kangaroos AFL, QLD Water Polo and multiple Tokyo qualified athletes including the Australian Para Athletics Team.

We are owned and operated by the Queensland Department of Education enabling us to offer programs that address educational outcomes i.e. Leadership and Team Building Programs. We also have a dedicated High-Performance Sport Team who are available to take the pressure off coaches on site so they can focus on their athletes.

GOLD COAST SUPER CLINIC PHYSIOTHERAPY



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in Gold Coast Super Clinic Physiotherapy

Recover, Retrain & Restore with the best!

Gold Coast Super Clinic Physiotherapy is a locally owned evidence-based physiotherapy practice that is focused on your health. Located on the Northern Gold Coast at Oxenford and Hope Island, we are able to offer our clients a wide range of professional healthcare services all under the one roof. Our motto "Recover, Restore, Retain" stems from our philosophy in treating the cause of our client's problems. It's important to us that we not only provided initial symptomatic relief, but also ensure that you are back to full health before you leave our professional care.

Our Physiotherapist can treat and manage sport injuries from initial injury through to complete rehabilitation and return to sport. We work with coaches and clubs to ensure that athletes have a smooth transition back into appropriate training and professional clearance for return back to full competition.

At Gold Coast Super Clinic Physiotherapy we are also proud to have a number of other highly trained Allied Health Professionals who offer a range of health services to assist in your overall health. These services include; General & Sports Psychology, Remedial Massage, Exercise Physiology, Podiatry, Accredited Dietitian & Nutritionist & Cardiology.

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Massage Gun Comparison Chart

Guide for Institutional Buyers





"Gets to those

















VOGUE













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MENS JOURNAL

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Founded in 2010, iSports solutions provides coaching software to help sporting teams of all levels, to improve and ultimately to win.

Our 3 main products are iSports Video Analyser, iSports TEAM and iSports Rotations.

- iSports Video Analyser is an easy-to-use video editing software that allows coaches to show and explain performance insights efficiently. Created playlists can be shown to players or sent to them remotely via our iSports TEAM app. Used by teams from all sports at all levels.
- iSports TEAM + Wellness is primarily an affordable video and document sharing platform for player teaching and learning but can do so much more including- send messages, quizzes and surveys as well as our popular feature of automated player Wellness and Load monitoring. Used by teams such as the Penrith Panthers, Brisbane Lions and Brisbane Roar as well as numerous state league teams, schools and community clubs.
- iSports Rotations- is an ipad based game day interchange management software currently for AFL and NRL, with other sports in the works. Used by the Melbourne Demons and Penrith Panthers in their 2021 premierships as well as other teams from all levels.

LUMIN SPORTS



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Lumin Sports' Arc is the smarter alternative to an athlete management system. We build team performance software to interpret complex athlete data including.

Arc is our flagship data visualisation platform. Combined with Arc mobile, Arc empowers decision makers, coaches and athletes, providing access to high-performance tools specifically built for your team. Arc Mobile is the athlete facing mobile application designed to capture key athlete wellbeing data, automatically log athlete whereabouts and create a seamless environment for team wellbeing initiatives. Seamlessly integrating with Arc for advanced visualisation and decision making.

It is time to stop accumulating masses of data that become a burden to manage. Arc presents key insights to decision makers so that faster and more accurate decisions can be made.

P3



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P3 Recovery is a sports recovery and well-being centre for athletes and active people focused on staying in peak physical and mental condition. Utilising state-of-the-art technology and equipment, combined with expert customer support, P3 offers a welcoming environment for people across all walks of life who want to maintain optimal health for optimal performance. Elite athletes, sporting organisations, schools, business groups, social groups, families and others, all use our unique blend of services.

Services include Hot & Cold Magnesium Therapy Pools, Infrared Saunas, Recovery Lounge & Normatec Compression, Hyperbaric Chamber and Massage.

PAINPOD



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PainPod is an Australian based company, we have an operating company in the US as well as distributor partners around the world. Our mission is to offer an affordable drug free alternative to pain that actually works, while leading the way for socially conscious business.

PainPod has the ability to change lives, improve quality of life and better physical performance. Our devices provide sufferers of symptomatic pain a non-invasive treatment option relating to recovery from injuries and also pain management. PainPod is highly regarded and widely used by Allied Health Professionals throughout Australia.







PLAYRPATH



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Playrpath is a tech-based solution and service designed to improve the transition of elite athletes.

Playrpath was born out of a need to better facilitate the transition of elite athletes into their lives post career. We are former Athletes and Athlete Development and Wellbeing staff who have identified the need arising out of gaps in education, opportunity and management. Playrpath is a tool to simplify and create transparency across the many stakeholders supporting the athlete (Management Companies, Clubs/Institutions and Athlete Unions and Players' Associations).







ELITE ATHLETES OUT OF PROFESSIONAL SPORT

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RDK Sports International includes multiple global businesses specialising in sports specific Consulting and Projects, Sport Attraction, Athlete Management Services, Athlete Transition & Mentoring Programs and other sports related businesses and initiatives. With a deep global network and specialist team located throughout Australia, USA and the UK, we can deliver on a broad range of programs and initiatives with options for short and long-term projects and contracts.

Our team is extremely passionate about bringing ideas to life and connecting people around the globe through sport and business.

RDK Sports International Businesses



RDK Sports Consulting



Global Sports PD Network



RDK Sports Management

RE3



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The RE3 Ice Compression Pack uses cryotherapy – a technique used by professional athletes and coaches for sporting codes for decades. When the temperature of our body's tissue is kept at around 10 degrees Celsius, there is an immediate reduction in oxygen flow, inflammation, muscle spasm and pain. While common gel packs may provide some level of comfort and relief, most will not reduce the temperature of the skin to below 13 degrees. Other packs using ice cannot be attached to the body in a way that is clinically effective – the RE3 Ice Compression Pack is designed to not only hold enough energy to be clinically effective but also offer comfort and mobility. It just makes icing easy.

Targeted. Powerful. Convenient. The RE3 Ice Compression Pack accelerates surgical and acute injury recovery by reducing pain and inflammation. Our goal is to get your body back to its best.







THE RECOVERY PROJECT



recoveryproject.com.au

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The Recovery Project is a modern solution to preventing injury, illness and fatigue, backed by extensive experience and knowledge.

The Recovery Project is for everybody and every body, with the underlying mission to ensure that a high level of recovery equipment and knowledge is accessible to anyone.

We don't just provide the equipment, we also provide the knowledge and expertise to maximise the effectiveness of the equipment and help you get the most out of your recovery.

So, whether you're an athlete or sports team striving to take your performance to the next level or a gym owner or fitness professional that wants their clients to get more bang for their buck from their training, then the Recovery Project can help.

The Recovery Project is owned by Accredited Sports Scientist Dr Peter Fowler, who has fifteen years of experience working in high performance sport in England, Qatar and Australia. Peter has a PhD in Sleep and Recovery in Elite Athletes and has engaged in cutting edge research focused on improving recovery in athletes. During his career Peter has worked with many top athletes, clubs and organisations around the world.

SPORTMATCH



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in SportMatch

SportMatch is an automated talent ID and sport scouting platform. Developed by leading sports scientists, SportMatch uses predictive analytics to predict adult performance, match athletes to their best suited sports, objectively rank talent and improve efficiencies in player assessments.

SportMatch has been helping sports teams and institutes improve their talent ID globally since the start of 2021 with over 10,000 athletes assessed. SportMatch is incorporating computer vision to run remote scouting combines, eliminating the need for expensive talent surveys. SportMatch is positioned to create a global marketplace for talent, allowing athletes to train and develop all while gaining exposure to elite scouts and clubs.

UVEX

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We protect people. At work and at play. On the production line and on the ski slope. While welding or while riding, uvex is one brand with one mission: protecting people.

The uvex brand is based on two established pillars: The products of the uvex sports group include helmets for winter sports, cycling and horse riding, skiing and sports goggles; as a partner of elite international sport, uvex equips over 1,000 top athletes across the world. Everything revolves around safety at work in the uvex safety group: We produce personal protective equipment from head to toe – from protective helmets to safety shoes.









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